

# SENIOR RESOURCE CENTER, INC.

## NEWSLETTER – DECEMBER 2019

IN OUR TWELFTH YEAR

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### Creeds Elementary Chorus Concert and Tree Decorating Tuesday, Dec. 3 2:00 pm at SRC

Don't miss this annual holiday visit by the kids from CES. Music Teacher, Robin Alexander, and Art Teacher Kelly Dudley will lead their talented students in this heartwarming round of carols and will trim our Christmas tree with their beautifully crafted decorations. The chorus members are fifth graders and they have great voices and spirit. After their performance we will provide them with cocoa, and we ask you to supply homemade cookies (**no nuts in the cookies, please.**) We would love to see a good turnout of our "members" and encourage you to attend.



### FaLaLa Gala

Friday, Dec. 6 1:00-3:00 pm

Elf June Klag will again be hosting our annual Christmas party, the FaLaLa for all to enjoy. Bring your favorite Christmas nibble to share with your friends and get in the holiday spirit. A special musical presentation by the Back Bay Dulcimer group will entertain us with Christmas music.



### Medication Safety Lecture Thursday, Dec. 5 10:45 am



Nursing student Christina Atienza from Aspen University will share her knowledge with us regarding this very pertinent topic. Most of us

are most likely using at least a few prescription drugs daily, so we need to make sure we know how to do so safely. Christina is required to do a public presentation as part of her degree, so help show our support of her endeavor by attending this lecture.

### Chinese Gift Exchange

Wednesday, Dec. 18 11:00 am

Here's another annual SRC tradition for your enjoyment, along with a few chuckles. Bring a wrapped gift (maximum cost \$10) and you will be given a number. In numerical order, you will pick a gift to open, but you will also be able to pick a gift that someone else has already opened. Hopefully there will be no need for a referee to intervene. This is a fun twist on a gift exchange and you will find it very entertaining. If you have never attended this kind of gift exchange, you are in for a lot of fun!